



International Masters' Speed Skating Committee

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Constitution and Regulations 2019/2020 of the International Masters' Speed Skating Committee (IMSSC) – ver.2.0

**(According to the decisions of the 42nd Session of the IMSSC
in Amsterdam/NED on June 1st 2019)**

Alterations (decisions at the IMSSC Session) as against the last text from 2018 are underlined.

Part I: Constitution

Article 1: Objectives

Founded in 1994, the objectives of the International Masters' Speed Skating Committee (IMSSC), are to promote, encourage development of, and standardize Masters' Speed Skating in all possible manifestations throughout the world. This includes, but is not limited to, Masters' International Speed Skating Championships and other Masters' International Speed Skating Competitions. Through the committee based development and application of uniform rules and regulations for Masters' Speed Skating competitions, and in cooperation with the International Skating Union (ISU) and National Associations, the IMSSC strives to create a safe and fair environment in which masters speed skaters the world over may enjoy competition in the great sport of speed skating.

Article 2: Appointment, Status and General Tasks of IMSSC Members

Members of the IMSSC are appointed or voted out by the IMSSC at the yearly Session. Voting out must be done by secret ballot and needs a 3/4 majority of the representatives participating in the Session. Every nation can only have one member in the IMSSC. All members of the IMSSC have equal rights and one vote. Voting about persons has to be done by secret ballot. The voting procedure about other matters can be decided at the session. Every member of the IMSSC may have an assistant taking part in the Session of the IMSSC. An IMSSC member should appoint a successor that, in case of his death or resign, will act as an interim IMSSC Member for that country. The successor is officially appointed or voted out at the next IMSSC yearly Session.

IMSSC expect their Members to be active, doing the following general tasks:

- promote Master Speedskating in their countries by promoting National Master Championships, Masters' Allround Games, Masters' Sprint Games and other International Masters' Competitions;
- participate in the IMSSC Sessions;
- facilitate the information flow from the IMSSC to the Master Skaters of their countries, and vice versa;
- seek possible organizers to host the Masters' Allround and Sprint Games in their countries from time to time;
- keep contacts with their National Speed Skating Associations;
- keep contacts with possible ISU Representatives of their Countries.

Other, special tasks are specified in Article 5 (delegated tasks), in Rule 3.1.4 (duties related to organizers of Games) and Rule 4.3 (duties related to record applications).

Article 3: Sessions and Decisions of the IMSSC

The IMSSC holds one Session a year in May or June. If a Member of the IMSSC cannot take part at an IMSSC Session, the Member can send a deputy who has the right to vote for the IMSSC Member, but only if the IMSSC Office is informed by the IMSSC Member by written word in a letter, a fax or an email until one week before the session (arrival at the IMSSC Office).

The Board of the IMSSC consists of five representatives whereas three members are representing the three continents (North and South America; Europe; Asia), the fourth member is the Secretary of the IMSSC and the fifth member the Treasurer. The Board-member of each continent is resident of a country that is member of the IMSSC. The board will only make decisions that cannot be postponed until the next annual IMSSC meeting.

The focus of the Board is the day to day organisation and operation of the IMSSC. Important tasks are:

- organize and prepare the IMSSC meetings;
- inform the members of the IMSSC about special subjects if required;
- establish and maintain the relationship with the ISU;
- represent the IMSSC in contacts and communication with other ice skating organisations and other international Masters sport organisations.

Decisions by vote about alterations of the IMSSC Constitution and Regulations and about other important matters can only be made at the Session in May or June. Such decisions can only be based on proposals through the IMSSC Members that have to be made by written word in a letter, a fax or an email from the date of the written invitation until 6 weeks before the Session in May or June (arrival at the IMSSC Office). Earlier and later proposals will not be considered by the IMSSC. Late proposals of great importance may be considered, but only if a 2/3 majority of votes accepts this. Decisions on the Constitution and Regulations get validity from the following July 1st.

The IMSSC Secretary will write the Minutes. Within two months after the Session the Secretary must present a draft of the Minutes to the participants for review and possible corrections. The Minutes must be returned with corrections (in red) within 2 weeks to the IMSSC Secretary who decides about the acceptance of these proposed corrections. The final Minutes must be

distributed by the IMSSC Office to all IMSSC Members and relevant ISU officials within 3 months after the session.

Part of the annual IMSSC income shall be used to cover travelling expenses for the IMSSC Members to the Session and back. The amount is decided by the IMSSC at the Session. If the decided amount is not sufficient to cover all travelling expenses, the travelling expenses of each IMSSC Member who participated, will be reimbursed partially at the same percentage of the expense incurred.

Article 4.1: Use of Names, Emblems and Graphics of the IMSSC

Use of names and Graphics of the IMSSC in general:

The names “Masters’ International Allround Games”, “Masters’ International Sprint Games” and “IMSSC Records” can only be used for competitions and records approved by the IMSSC. This is also valid for the IMSSC Logo (the skate with “IMSSC” above) and the logo for the Games (the skaters inside the globe).

Use of Emblems and Graphics of the IMSSC on National Masters’ Websites:

It is not allowed to use the names “International Masters Speed Skating Committee”, “IMSSC” and the Emblems and Graphics of the IMSSC at outstanding places at National Masters’ Websites. Especially at the first page of a National Masters’ Webpage it has to be clear that it is not the Webpage of the International Masters’ Speed Skating Committee or the International Masters’ Speed Skating News but a National Masters’ Webpage.

Article 4.2: Use of Names, Emblems and Graphics of the ISU

In each document (for instance announcement, protocol, newspaper, news message) of a Masters’ competition that is listed as a formal IMSSC competition, the ISU logo must be used. The ISU logo must be included in the header or footer of every document and must appear on every page of the document.

Article 5: Delegation of Tasks by the IMSSC

Delegation of tasks by the IMSSC to members of the IMSSC or to other co-workers (necessary short-term delegation of tasks may be made by the IMSSC Office):

- 5.1 **IMSSC President (Region Europe):** Tjeerd Smies/NED.
- 5.2 **IMSSC Vice President (Region Americas):** Brett Arnason/CAN.
- 5.3 **IMSSC Vice President (Region Asia):** Kenji Takai/JAP.
- 5.4 **IMSSC Secretary:** Sue Steckle/CAN.
- 5.5 **IMSSC Website www.imssc.org:** Marcello Bresin/ESP (Webmaster).
- 5.6 **Financial Affairs IMSSC:** Azamat Ismailov/KAZ (Treasurer).
- 5.7 **IMSSC Records' List:** Marcello Bresin/ESP (Statistician).
- 5.8 **IMSSC Record Certificates:** IMSSC Secretary (Secretary Certificates).
- 5.9 **Antidoping Team:** Hubert Kreutz/AUT, Andrew Love/USA, Marcello Bresin/ESP, Brett Arnason/CAN.
- 5.10 **Official Contacts of the IMSSC to the ISU:** IMSSC President, IMSSC Secretary.
- 5.11 **Preparation DUTCH MASTERS CUP 2020/NED:** 3 competitions on 3 different tracks in the Netherlands, Tjeerd Smies/NED.
- 5.12 **Preparation ERFURT CRITERION 2019 Erfurt/GER:** Reinhold Marsollek /GER..
- 5.13 **Preparation REVIVAL 2019 Baselga di Pinè/ITA:** Enrico Colombini/ITA, Nicola Condini/ITA, Luca De Carli/ITA.
- 5.14 **Preparation SPRINT CLASSIC 2020 Inzell/GER:** Hubert Kreutz/GER
- 5.15 **Preparation MASTER CUP 2020 Berlin/GER:** René van Bernum/GER..
- 5.16 **Preparation LONG DISTANCE RACES 2020 Heerenveen/NED:** Tjeerd Smies/NED.
- 5.17 **Preparation SPRINT GAMES 2020 Calgary/CAN:** Brett Arnason/CAN
- 5.18 **Preparation ALLROUND GAMES 2020 Collalbo/ITA :** Adelheid Ramoser/ITA.
- 5.19 **Preparation SINGLE DISTANCE RACES 2019 Kolomna/RUS:** Sergei Orlov/RUS, Boris Repnin/RUS.
- 5.20 **Preparation SHORT TRACK GAMES 2021 Calgary/CAN:** Brett Arnason/CAN,
Keith Wright/GBR.
- 5.21 **IMSSC Technical Delegate:** Tjeerd Smies/NED

Article 6: Technical Delegate

The Board of the IMSSC will present a candidate for the function of Technical Delegate in an IMSSC Session. The IMSSC appoints the Technical Delegate to support and guide the organisers / organizing teams of the Masters Allround Games (MAG) and Masters Sprint Games (MSG), to implement and to use in a correct way, before and during MAG and MSG, the rules that are defined in the IMSSC Constitution and Regulations in conjunction with the rules of the ISU. At least every 5 years a Technical Delegate will be selected and appointed.

The Technical Delegate will communicate in an active way with the IMSSC Member of the country where MAG or MSG will be held. The Technical Delegate has the duty to inform the referee(s) and the starter(s) of MAG or MSG, if the referee(s) or starter(s) is/are acting, in the opinion of the Technical Delegate not compliant with the IMSSC rules. The cost of the Technical Delegate (travel and other expenses) are borne by the IMSSC and not part of the organizing cost of MAG or MSG.

PART II: Regulations

Introduction

Masters' International Speed Skating Competitions have been organized since 1991 in several countries (CAN, FIN, GER, ITA, NED, NOR, SUI, USA) generally by speed skating clubs and since 1994 promoted by the International Masters' Speed Skating Committee (IMSSC). The outstanding annual events are the Masters' International Sprint Games (the unofficial Masters' World Sprint Championships) and the Masters' International Allround Games (the unofficial Masters' World Allround Championships). Determination of the host countries is through planning and voting of the IMSSC Members.

A List of International Masters' Speed Skating Competitions, approved by the IMSSC, will be issued every year after the Summer IMSSC Session on the Official Website of the IMSSC www.imssc.org. The registrations shall be opened at 00:00 (CET) on October 1st.

Generally the Masters' International Speed Skating Competitions are held under the Rules of the International Skating Union (ISU). Since there are no special rules for Masters in the ISU Rules and the existing rules are not always applicable, here shall be issued additional rules for Masters' International Speed Skating Competitions. The establishment of uniform rules throughout the global Masters' community has become a pressing obligation. The initial rules were implemented from the beginning in 1991. Since then they have been continually developed and practiced in all Masters' International Competitions promoted by the IMSSC.

Rule 1: Relations to ISU Rules

Generally Masters' Activities and Masters' Competitions follow ISU Regulations and ISU Rules for Speed Skating except where they are specific to juniors/seniors or to International Championships, Olympic Games and World Cups. IMSSC Rules supplement the ISU Rules where the latter are not relevant to Masters or where Master Rules are missing. In such cases the IMSSC Rules takes precedence.

It is the intention of the IMSSC that corresponding rules in the course of time shall be incorporated into the ISU rules.

The mentioned ISU Rules in this document refer to the ISU-2018 Constitution and General Rules FINAL240918 and also the ISU-2018 Special Regulations and Technical Rules Speed Skating FINAL 120918. If any ISU Rule should be renumbered after the issue of this document, the reference herein should apply to the corresponding renumbered ISU Rule until next update of this document.

Rule 2: Masters Definition

Masters are speedskaters from 30 years, the age being defined as age reached during the competition year 1st July till 30th June, competing in 5 year age groups 30-34 (30), 35-39 (35), 40-44 (40), 45-49 (45), 50-54 (50), 55-59 (55), 60-64 (60), 65-69(65), 70-74 (70), 75-79 (75), 80-84 (80), 85-89 (85), 90-94 (90) and higher (as high as necessary).

Rule 3: Competitions

3.1 Masters' International Games and other Masters' International Speed Competitions

3.1.1 Masters' International Allround Games

The Masters' International Allround Games shall be held every year with rotating country and location. They may be organized by a club, cooperating clubs or a National Speed Skating Association.

The distances for the Masters' International Allround Games are:

Ladies 500 m, 1500 m, 1000 m, 3000 m (age groups 30 and higher)

Men 500 m, 3000 m, 1500 m, 5000 m (age groups 30 – 60)

Men 500 m, 1500 m, 1000 m, 3000 m (age groups 65 and higher)

The Masters International Allround Games shall be organized over two or three days, at the option of the organizer in consultation with IMSSC. The distances may be run according to one of the following programs at the option of the organizer in consultation with IMSSC. Each Age Group is considered separately, which means that it is not needed to run all Age Groups in a category (e.g. men 30-60) according to the same program. The organizer needs acceptance of the IMSSC for the selected programs.

Program A (Two-Day Competitions)

Age Groups	Men 30-60	Ladies Men 65+
First Day	1. 500m 2. 3000m	1. 500m 2. 1500m
Second Day	3. 1500m 4. 5000m	3. 1000m 4. 3000m

Program B (Three-Day Competitions)

Age Groups	Men 30-60	Ladies Men 65+
First Day	1. 500m 2. 3000m	1. 500m 2. 1500m
Second Day	3. 1500m	3. 1000m
Third Day	4. 5000m	4. 3000m

Program C (Three-Day Competitions)

Age Groups	Men 30-60	Ladies Men 65+
First Day	1. 500m	1. 500m
Second Day	2. 3000m	2. 1500m
Third Day	3. 1500m 4. 5000m	3. 1000m 4. 3000m

Program D (Three-Day Competitions)

Age Groups	Men 30-60	Ladies Men 65+
First Day	1. 500m	1. 500m 2. 1500m
Second Day	2. 3000m 3. 1500m	3. 1000m
Third Day	4. 5000m	4. 3000m

3.1.2 Masters' International Sprint Games

The Masters' International Sprint Games shall be held every year with rotating country and location. They may be organized by a club, cooperating clubs or a National Speed Skating Association.

The distances for the Masters' International Sprint Games are:

Ladies and Men: 500 m, 1000 m (first day)
 500 m, 1000 m (second day)

The Masters' International Sprint Games should be organized in the same two days for all participants.

3.1.3 Masters' International Competitions

Masters' International Competitions will be held in different countries. They may be organized by a club, cooperating clubs or a National Speed Skating Association. The valid combinations of distances for Sprint and Allround Competitions are the same as in paragraph 3.1.1 but without regard to Age Groups. The competition program may also contain Team Pursuit, Relay Races, Team Sprint Races and Mass Start Races according to the relevant ISU Rules.

3.1.4 Duties of the local IMSSC Member

The IMSSC Member of the country where Masters' International Allround Games, Masters' International Sprint Games and other Masters' International Competitions are held, is responsible for providing the organizer with updated versions of "Constitution and Regulations of the IMSSC" and "Requirements and Advices to Organizers" for each competition. Furthermore, the IMSSC Member must follow the preparations of the event to ensure that the organizer understands the mutuality of ISU and IMSSC Rules and practices them in the right way before and during the competition.

3.1.5 Responsible for communication

For each IMSSC competition, the IMSSC Member is responsible for communication. His/Her role is to provide news, images, and an accounting of race results for publication on the IMSSC website as soon as possible but no later than one week of the close of the subject competition. This information may be published directly on the IMSSC [website \(www.imssc.org\)](http://www.imssc.org) in the form of a News Article or by emailing the News Article to the IMSSC Secretary.

Other information and/or news that is of a time sensitive or urgent nature shall be communicated by the IMSSC Member to the IMSSC Secretary immediately upon discovery.

3.1.6 Limit times for Masters' International Sprint Games and Masters' International Allround Games

Every participant has to inform the national IMSSC Member of his (her) most recent time on the 500m and 1500m. It is the responsibility of the IMSSC Member to accept the times. If the applicable time (500m for the Sprint Games and 1500m for the Allround Games) does not meet the Maximum Time as laid down in Rule 3.1.7 (Maximum Time Table) the participant cannot take part in the Sprint and/or Allround Games unless the national IMSSC Member decides otherwise in a written consent to the organiser of the Masters Sprint Games or Masters Allround Games and the Board of the IMSSC.

3.1.7 Maximum time table

Age Group	maximum time	
	500m	1500m
Ladies 30	50.00	2:45.00
Ladies 35	52.00	2:47.50
Ladies 40	53.00	2:50.00
Ladies 45	55.00	2:52.50
Ladies 50	57.00	2:55.00
Ladies 55	59.50	3:00.00
Ladies 60	1:02.50	3:07.50
Ladies 65	1:06.00	3:18.00
Ladies 70	1:10.00	3:30.00
Ladies 75	1:15.00	3:45.00
Ladies 80	1:20.00	4:00.00
Ladies 85	1:25.00	4:15.00
<u>Ladies 90+</u>	<u>1:30.00</u>	<u>4:30.00</u>

Age Group	maximum time	
	500m	1500m
Men 30	45.00	2:25.00
Men 35	46.00	2:27.50
Men 40	47.00	2:30.00
Men 45	48.50	2:32.50
Men 50	50.00	2:35.00
Men 55	52.00	2:37.50
Men 60	54.50	2:45.00
Men 65	58.00	2:54.00
Men 70	1:02.00	3:06.00
Men 75	1:07.00	3:21.00
Men 80	1:12.00	3:36.00
Men 85	1:17.00	3:51.00
<u>Men 90+</u>	<u>1:22.00</u>	<u>4:06.00</u>

3.1.8 False Start

The Competitors have to take a stable position before the Starter calls "Ready", whereupon they are to take their starting position and wait in this position until the shot is fired.

By this adjustment a false start for the competitor occurs when the skater:

- stands on the starting line;
- makes a move before the shot is fired.

3.2 Entry

The official entry form of the competition is sent through the IMSSC registration system (available on the IMSSC website) or through a designated website to the organizer or the National IMSSC Member (as specified in the announcement) by the competitor or through representation of the club/association to which the skater belongs. Every competing skater must be licensed in his/her own country.

Countries which enter to the Masters' Allround Games or Sprint Games on the national level have not to accept entries before the announcement of the Games has been issued in the IMSSC Webpage. If they accept entries electronically over their National Website they have to mark the electronic entry form that it is only valid for National participants.

In particular for the Masters' Allround Games and Sprint Games the following rules apply:

- At least two masters (preferable one woman and one man) of Nations that are grouped under the quota "Other Countries" are allowed to participate in the Masters Allround Games and Masters Sprint Games. This is only valid for Nations of which the IMSSC Member is present in the IMSSC Session that precedes the competition period.
In the IMSSC Session that precedes the competition period, the required quota for "Other Countries" will be determined before all other quota.
- the registrations of skaters of Nations with or without selection process will have a common deadline;
- the registrations of masters from Nations without a selection process will continue also when the applicable Nation quota is exceeded but on a waiting list; the registrations will continue until the registration deadline;
- at the registration deadline two situations can occur:
 - i. Nation quota not fulfilled: in this case the available places will be distributed among the other Nations with a waiting list, weighted relative to the percentage of their original quota;
 - ii. Nation quota fulfilled or exceeded (waiting list): In this case and according to IMSSC Rule 3.2.1 Substitutes, if a master skater cancels her/his registration, she/he will be substituted by a skater available of the same country on the waiting list until the first team leader meeting.
- If entries are still available after the first team leaders meeting, these entries may be used by the organizing committee for masters of their country.

3.2.1 Substitutes

If a participant cancels the entry it will be possible to replace him/her by a substitute of the same nation and if there is no substitute of the same nation, by another substitute. This can take place at the latest on the Team Leaders meeting.

3.3 Restriction of Participants

If the number of participants must be limited, the following rules apply:

- If quotas are applied by the IMSSC for the competition, the organiser of that competition must regulate participation using these quotas;
- Early entries have priority above late entries;
- For countries that apply selection criteria (for instance for the Masters' Allround Games or Masters' Sprint Games), the IMSSC country representative is responsible that the participants of his/her country are selected according to these criteria, including a list of substitutes;
- The organiser of the competition can make exceptions, for instance using a wildcard for participants that were long time injured.

3.4 Confirmation of Participation

Confirmation of participation must be defined in the announcement of every competition. A competitor is obliged to confirm his participation in person at the latest one hour before the first Team Leader Meeting of the competition. If the competitor is not able to confirm in person, he must inform the competition organisation via email, phone, SMS or WhatsApp specifying first and last name at the latest 24 hours before the drawing of the competition.

3.5 Drawing and Ranking

Drawing at International Masters' Speed Skating Competitions must be done according to ISU Rule 244 for Drawing at International Competitions. Each of the 5 Year Age Groups is considered a separate competition in this respect.

For drawing of Masters' International Allround Competitions, including Masters' International Allround Games, the ISU Rule 244 paragraphs 3, 4 and 5 apply, as well as ISU Rule 240 paragraph 2.

Drawing at Masters' International Sprint Competitions, including Masters' International Sprint Games, must be done according to ISU Rule 240 paragraph 4, with two exceptions:

- drawing of the third and fourth distance will be done based on the overall ranking (independent of age group) on the first respectively the second distance;
- all competitors will be admitted to the last distance.

If there are more than 100 participants at Masters' International Sprint Competitions /Sprint Games, the participants shall be divided into two or more blocks of 5-year age groups. The first block completes their two distances before the next block, and so on. This will reduce the waiting time between the two distances.

For drawing of Masters' International Allround Competitions, including Masters' International Allround Games generally the age groups are drawn separately. If the number of competitors is very small in one or several of the five year age groups, neighbored 5 year age groups may be joined for drawing and speedskating. But the allotting of track on the third distance is decided by the ranking after two distances for each 5 year age group, and not by the ranking in the joined, neighbored groups. The final distance drawing and classification must be done in her/his own age group independent of the number of participants in that age group. However, skaters in groups with odd number of participants, who in this case would skate alone on the last distance, may be paired together on the last distance.

To be able to recognize the intermediate standings within the original 5 year age groups even when they are joined, the name of the competitors should be accompanied by their age group in all start lists and results, for instance: «Otto Meier 55».

3.6 Seeding at Masters' Allround Games, Masters' Sprint Games and Masters' Single Distance Races

On the first two distances of the Masters' International Allround Games and the Masters' International Sprint Games the skaters shall be seeded in three groups before drawing,

according to their best times of the season, their best times of the last season or their estimated times as specified in the announcement. The seeding occurs per Age Group or per joined Age Groups.

At Masters' Single Distance Races seeding of skaters is allowed according to their best times of the season, their best times of the last season or their estimated times. Generally the five year age groups are seeded individually. For practical reasons, such as creating equal pairs/quartets and saving time, several age groups may be joined together for seeding, drawing and speed skating. However final classification must be done separately in 5 years age groups independent of the number of participants in a 5 years age group.

3.7 Lap Counters at International Masters' Competitions

At International Masters' Competitions with quartet start in minimum two experienced and well trained lap scorers are mandatory and the counter signs shall be available in four colours (white, red, yellow and blue).

3.8 IMSSC Fee

At Masters' International Games and Masters' International Competitions, promoted by the IMSSC, the competitor has to pay the IMSSC fee for the work of the IMSSC besides the starting fee. The amount of the fee will be decided by the IMSSC.

3.9 Type of skates

Except Masters Games, athletes should be able to participate in events with fitness/non racing skates.

Rule 4: International Masters' Records (IMSSC Records)

4.1 Age groups

IMSSC Records are listed by the IMSSC for the age groups defined in Rule 2.

4.2 Single Distances and Allround Competitions

IMSSC Records will be registered by the IMSSC for the following single distances (times) and three and four distance competitions (points).

Single distances: 500 m, 1000 m, 1500 m, 3000 m, 5000 m, 10000 m (Ladies and Men)

Three and four distance competitions (total of points):

Sprint	500 m, 1000 m, 500 m, 1000 m (Ladies and Men)
Allround Mini	500 m, 1000 m, 1500 m (Ladies only)
Allround Small	500 m, 1500 m, 1000 m, 3000 m (Ladies and Men)
Allround	500 m, 3000 m, 1500 m, 5000 m (Ladies and Men)
Allround Big	500 m, 5000 m, 1500 m, 10000 m (Ladies and Men)

4.3 Applications

IMSSC Records (International Masters' Records) are recognized only for times and points reached in International Masters' Competitions and in National Masters Championships approved by the IMSSC and during World Winter Master Games organised by IMGGA. This approval must be done at the preceding Session in May or June or by the Board if the competition was not yet known at the Session. All competitions must comply with the Rules and Regulations of the ISU and the IMSSC. Applications for IMSSC Records must be made by the IMSSC Member of the Country, where the Competition has taken place, or by the Organizer of this Competition by sending one set of the necessary documents via e-mail to the IMSSC Statistician (marcello@imssc.org) and to the IMSSC Secretary (info@imssc.org). If the documents are not written in English, the text in these documents additionally has to be translated into English by the applicant.

Applications of IMSSC Records are possible for competitions in the competition year (July 1st – June 30th of the next year). Latest application preferred date for IMSSC Records of every competition is 6 weeks after the competition date (arrival of the application at the IMSSC).

One set of the necessary documents comprises the following documents:

- Official Announcement (if not published in the IMSSC web-site);
- Official Competition Program (timetable);
- Official Protocol of the Competition;
- Birthdates of the competitors who have lowered IMSSC Records.

The official protocol must contain:

- a) the complete list of officials (observe ISU Rules 210 and 213);
- b) the starting list for each distance;
(ISU Rule 273 § 1 a)
- c) the times of automatic timekeeping, recorded in hundredths of a second;
(ISU Rule 273 § 1 b)
- d) the times of manual timekeeping:
 - accumulated lap times in hundredths of a second (see ISU Rule 252);
 - final times in hundredths of a second (see ISU Rule 250, § 5 and § 6).

The times of automatic timekeeping should show the rank of the skaters. If they additionally show the starting order in pairs and possible quartets, the starting lists may be omitted.

If the times of automatic timekeeping are complete and uncorrupted, the times of manual timekeeping may be omitted. The IMSSC Statistician may still demand them.

The IMSSC Statistician may demand additional documentation to be able to verify the provisions in Rule 4.4.

If there is no IMSSC Member or Organizer of the Competition who makes an IMSSC Record Application, the competitor who has lowered an IMSSC Record, may make an application by himself following the description above. However, the documents must in addition include a filled in Official IMSSC Record Application Form.

4.4 Provisions

4.4.1

Result must be reached at a National or International announced Master Competition (See Rule 4.3) with 5 years age groups from 30 years (see Rule 2) by a speed skater with a competition license of his National Speed Skating Association, being member of the International Skating Union (ISU). If other speed skaters start in a speed skating event besides one or several age groups of Master Speed Skaters from 30 years, each Master Speed Skater must be clearly marked with Age Group in the starting lists, results and standings during the competition and in the final results.

4.4.2

Result must be better than in the IMSSC Records List of the last season as published in the internet under www.imssc.org. If there is no previous record registered, the first who achieves a result may apply for a record.

4.4.3

IMSSC Records over all distances may be recognized also for times achieved in quartet starts (see ISU Rule 278 § 1, §1.2b, § 2.1a-d, §2.2 and §2.3).

4.4.4

Distances to be skated and starting times must be in accordance with the announcement (see ISU Rule 221, § 2 b).

4.4.5

The conditions of ISU Rules 226/227(track), 248 (watches), 250 (manual time keeping), 251 (automatic time keeping) and 252 (split times and times for individual laps) must be observed. Automatic timekeeping must have been used (see ISU Rule 221 § 2 e) – but not necessarily with a photo finishing system.

4.4.6

IMSSC Records in total of points for 3 and 4 Distance Combinations may be recognized from Allround and Single Distance Competitions if the distances have been skated in the right order and at consecutive days according to the IMSSC Rule 3.1.1.

4.4.7

IMSSC Records for the Sprint combination over four distances can only be recognized if the competition is over two days, with each individual distance skated only once each day and changed starting lanes on the second day (see ISU Rule 240 § 4).

4.4.8

If the existing IMSSC Record is broken more than once on the same day in competitions at the same venue, only the best time shall be recognized as a new IMSSC Record.

4.4.9

Any competitor who makes a record or equals an existing IMSSC Record shall have his name entered in the IMSSC Record List and receive a diploma from the IMSSC. If records should be broken on the same day in different time zones of the world, the local time shall be used to determine who broke the record first.

4.5 Decision about IMSSC Records, Issue of the IMSSC Records' List

Based on recommendations from the IMSSC Statistician new IMSSC Records from last season are approved by the IMSSC at the Session. The updated IMSSC Record List is published yearly in the IMSSC web-site.

Rule 5: Alterations and Supplements

Alterations and Supplements of the IMSSC Constitution and Regulations will be made by the decisions of the IMSSC.

INTERNATIONAL MASTERS' SPEED SKATING COMMITTEE (IMSSC)

Calgary, July 3rd 2019

Sue Steckle
(IMSSC Secretary)

Attachment:

- Guidelines for appointment of Honorary Life Members to the International Masters' Speedskating Committee (IMSSC)
- Official IMSSC Record Application Form 2019/2020

Members of the IMSSC:

Frank Anderson (AUS), Hubert Kreutz (AUT), Willy Caboor (BEL), Konstantin Lukashevich (BLR), Brett Arnason (CAN), Petr Novák (CZE), Marcello Bresin (ESP), Pertti Kiiskinen (FIN), Peter Carr (GBR), Reinhold Marsollek (GER), Nicola Conдини (ITA), Kenji Takai (JAP), Leila Utegulova (KAZ), Jae-Seok Choi (KOR), Lasma Kauniste (LAT), Oyuntsetseg Nanjid (MGL), Tjeerd Smies (NED), Ragnvald Næss (NOR), Boris Reprin (RUS), Hans-Peter Ambass (SUI), Nils Larsson (SWE), Oleksandr Symonenko (UKR), Andrew Love (USA)

Honorary Members of the IMSSC:

Roland Hagemann (GER), Dominik Wehling (GER), Antonio Nitto (ITA), Drs. Harry G. Falke (NED), Bram de Vries (NED), Aris J. Dijkman (NED), Sven-Åge Svensson (NOR), Peter Reimann (SUI)

Honorary President of the IMSSC:

Dr. Volker Serini (GER)

Guidelines for Appointment of Honorary Life Members to the International Masters' Speedskating Committee (IMSSC)

The IMSSC Members can appoint IMSSC Honorary Life Members as a tribute to outstanding accomplishments in the promotion of Masters' speedskating and dedicated services to IMSSC.

1. Criteria

Honorary Life Members to the IMSSC may be nominated or proposed for appointment at the annual Session on the basis of the following criteria:

- has carried out a significant role or roles on a voluntary basis for the benefit of the Masters speedskating community;
- has made a significant and lasting contribution to further the mission and goals of the IMSSC through interaction with international organizations and committees on behalf of the IMSSC over the course of their career;
- has exhibited high ethical standards of conduct on behalf of the IMSSC;
- has retired from being official IMSSC Member;
- the appointment must be made by a three-quarter (3/4) secret ballot decision of the IMSSC Members or Deputy Members in attendance.

2. Entitlements

No specific or implied entitlements result from an appointment as an IMSSC Honorary Life Member.

3. Nominations

Anyone may nominate a person as an IMSSC Honorary Life Member. A nomination shall be submitted in writing as a formal proposal to the IMSSC Secretary prior to the deadline for proposals for the annual Session of the IMSSC in accordance with [IMSSC Rules and Regulations] with detailed motivation and justification information to fully support the nomination. It is recommended that the nomination proposal come with the endorsement of the national IMSSC Member of the nominee, as this person will be sponsoring the nomination at the Session.

These guidelines shall be made known to Masters Speedskaters via the IMSSC website.

4. Removal from IMSSC Honorary Life Status

The IMSSC Members may remove an IMSSC Honorary Life Member from such stand with due reason at the annual Session if it is learned that personal acts committed by the individual shed negative light on their character or integrity. A secret ballot of three-quarter (3/4) majority is required to do so.

5. Current IMSSC Honorary Life Members

The IMSSC proudly holds the following persons status as IMSSC Honorary Life Members:

- Aris J Dijksman, Netherlands;
- Dr. Harry G Falke, Netherlands;
- Roland Hagemann, Germany;
- Antonio Nitto, Italy;
- Peter Reimann, Switzerland;
- Volker Serini ¹, Germany;
- Sven-Åge Svensson, Norway;
- Bram de Vries, Netherlands;
- Dominik Wehling, Germany.

note 1: Honorary Life Member, President



International Masters' Speed Skating Committee

*International Masters' Speed Skating Committee (IMSSC), Office
Sue Steckle, Secretary,
c/o AASSA - Olympic Oval, 2500 University Dr NW, Calgary, AB, Canada T2N 1N4
Phone +1-226-473-1018, Mobile Phone +1-587-890-9202
Email: info@imssc.org Internet: www.imssc.org*

Official IMSSC Record Application Form 2019/2020

(Only for competitors, if the Competition Organizer or the IMSSC Member of his country does not make an application for the whole competition)

**To: International Masters' Speed Skating Committee (IMSSC), Statistician
Marcello Bresin, e-mail: marcello@imssc.org**

**and: International Masters' Speed Skating Committee (IMSSC), Secretary
Sue Steckle, e-mail: info@imssc.org**

Deadline: 6 weeks after the competition (arrival at the IMSSC).

Please fill in all data as required below:

Name/First Name /Date of birth/Male or Female /5 Years Age Group:

Complete Address (street/nr./postal code/town/province/country):

Telephone/eMail:

Nationality/Club/License Nr.:

Name/Place /Date of Event:

Single Distance (m)/Time (1/100 sec) or 3 or 4 Distance Race/Distances (m)/Points (1/1000):

Date/Printed Name/Signature of the Referee:

Date/Printed Name/Signature of the applicant:

Attached:

- Official Announcement of the Competition** (if not issued on the IMSSC web site);
- Official Competition Program (timetable);**
- Official Protocol of the Competition;**
- Birthdates of the competitors who have lowered IMSSC records.**