## IMSSC International Masters' Speed Skating Committee

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By e-mail
Calgary, $25^{\text {th }}$ May 2019
to: All IMSSC Members and IMSSC Honorary Members
Roland E. Maillard - ISU Council Member
Subject: Proposals for the $\mathbf{4 2}^{\text {nd }}$ IMSSC Session in Ijmuiden/NED on June $1^{\text {st }}, 2019$
Please find in the pages that follow the proposals received, sorted according to their corresponding agenda item. The preliminary agenda is the following:

## Agenda:

1. Approval of the Minutes $41^{\text {st }}$ IMSSC Session in Amsterdam/NED 2018
2. Election of new Secretary of the IMSSC
3. Alterations of Members in the IMSSC
4. Approval of the IMSSC Records List 2019
5. Formal founding of the Association "IMSSC" in the Netherlands
6. Evaluation of MSG2019, MAG2019 and MIST2019
7. Applications for Allround Games 2022 and Sprint Games 2022
8. Appointment of a Technical Delegate to support the organisers / organising team of the important IMSSC competitions
9. Introduction / implementation of a formal nomination and selection process in other countries than NOR, FIN, NED
10. 2020 Allround Games in Collalbo, Nations Quota
11. 2020 Sprint Games in Calgary, Nations Quota
12. Other International Masters Competitions in 2019/2020
13. ISU-IMSSC relationship and cooperation
14. Financial Report 2018, Financial Preview 2019
15. New Proposals for changing IMSSC Constitution \& Regulations
16. Proposals for extension of the IMSSC Constitutions \& Regulation regarding international masters' short track competitions
17. Other Proposals
18. Miscellaneous

With best regards,
INTERNATIONAL MASTERS' SPEED SKATING COMMITTEE (IMSSC)

Honorary President of the IMSSC: Dr. Volker Serini (GER)

## Bids for Sprint Games:

- Ice Rink Pine - Baselga Di Pine, Trento, Italy - 230 skaters
- January 15-16, 2022
- Quebec City Ice Center (Centre de glaces de Québec): 350 skaters
- Option \#1 : February 25-27, 2022
- Option \#2 : March 11-13, 2022 (depending on another major event bid under way)
- Sport complex "Krylatskoye", Moscow, Russia - 250 skaters
- March 2022
- Medeu Ice Rink, Almaty, Kazakhstan
- February / March 2022


## Bids for Allround Games:

- Ice Rink Pine - Baselga Di Pine, Trento, Italy - 230 skaters
- January 21-23, 2022
- Quebec City Ice Center (Centre de glaces de Québec): 350 skaters
- Option \#1 : February 25-27, 2022
- Option \#2 : March 11-13, 2022 (depending on another major event bid under way)
- Medeu Ice Rink, Almaty, Kazakhstan
- February / March 2022


## Agenda Item 15: New Proposals for changing IMSSC Constitution \& Regulations

For each proposal, the current IMSSC Constitution \& Regulation version 1.3 text is shown, with affected text highlighted, and the proposed changes and rational follow. Proposals not linked to existing articles are listed at the end.

## Article 2: Appointment, Status and General Tasks of IMSSC Members

Members of the IMSSC are appointed or voted out by the IMSSC at the yearly Session.Voting out must be done by secret ballot and needs a $3 / 4$ majority of the representatives participating in the Session. Every nation can only have one member in the IMSSC. All members of the IMSSC have equal rights and one vote. Voting about persons has to be done by secret ballot. The voting procedure about other matters can be decided at the session. A new Member from a new Country cannot start voting until the next session following the appointment. Every member of the IMSSC may have an assistant taking part in the Session of the IMSSC. An IMSSC member should appoint a successor that, in case of his death or resign, will act as an interim IMSSC Member for that country. The successor is officially appointed or voted out at the next IMSSC yearly Session.

## The Netherlands, proposal 2:

Constitution and Regulations 2018-2019 version 1.3

## Article 2

Proposal:
Delete sentence 6 "A new Member from a new Country cannot start voting until the next session following the appointment."

## Rationale:

The IMSSC invites countries to become Member the IMSSC. When a new Member is appointed in a session, every Member must have at that moment the same rights and obligations.

## Article 5: Delegation of Tasks by the IMSSC

Delegation of tasks by the IMSSC to members of the IMSSC or to other co-workers (necessary short-term delegation of tasks may be made by the IMSSC Office):
5.1 IMSSC President (Region Europe): Tjeerd Smies/NED.
5.2 IMSSC Vice President (Region America): Brett Arnason/CAN.
5.3 IMSSC Vice President (Region Asia): Kenji Takai/JAP.
5.4 IMSSC Secretary: Paolo Gemme/ITA.
5.5 IMSSC Website www.imssc.org: Marcello Bresin/ESP (Webmaster).
5.6 Financial Affairs IMSSC: Azamat Ismailov/KAZ (Treasurer).
5.7 IMSSC Records' List: Marcello Bresin/ESP (Statistician).
5.8 IMSSC Record Certificates: IMSSC Secretary (Secretary Certificates).
5.9 Antidoping Team: Hubert Kreutz/AUT, Andrew Love/USA, Marcello Bresin/ESP, Brett Arnason/CAN.
5.10 Official Contacts of the IMSSC to the ISU: IMSSC President, IMSSC Secretary.
5.11 Preparation DUTCH MASTERS CUP 2019/NED: 3 competitions on 3 different tracks in the Netherlands, Tjeerd Smies/NED.
5.12 Preparation ERFURT CRITERION 2018 Erfurt/GER: Réné van Bernum/GER..
5.13 Preparation REVIVAL 2018 Baselga di Pinè/ITA: Enrico Colombini/ITA, Nicola Condini/ITA, Luca De Carli/ITA.
5.14 Preparation SPRINT CLASSIC 2019 InzelI/GER: Hubert Kreutz/GER
5.15 Preparation MASTER CUP 2019 Berlin/GER: Réné van Bernum/GER..
5.16 Preparation LONG DISTANCE RACES 2019 Heerenveen/NED: Tjeerd Smies/NED.
5.17 Preparation SPRINT GAMES 2019 Leeuwarden/NED: Joke Wittenberg/NED, Tjeerd Smies/NED.
5.18 Preparation ALLROUND GAMES 2019 Bjugn/NOR: Ragnvald Næss/NOR.
5.19 Preparation SINGLE DISTANCE RACES 2019 Kolomna/RUS: Sergei Orlov/RUS, Boris Repnin/RUS.
5.20 Preparation SHORT TRACK GAMES 2019 Melbourne/AUS: Frank Anderson/AUS, Keith Wright/GBR.

The Netherlands, proposal 3:
Constitution and Regulations 2018-2019 version 1.3
Proposal to add a new Article (Article 5) to appoint a Technical Delegate that guides and support organisers / organizing teams that are responsible for organising the Masters Allround Games or Masters Sprint Games.

Proposed text:

## Article 5: Technical Delegate

The Board of the IMSSC will present a candidate for the function of Technical Delegate in an IMSSC Session.
The IMSSC appoints the Technical Delegate to support and guide the organisers / organizing teams of the Masters Allround Games (MAG) and Masters Sprint Games (MSG), to implement and to use in a correct way, before and during MAG and MSG, the rules that are defined in the IMSSC Constitution and Regulations in conjunction with the rules of the ISU.
At least every 5 years a Technical Delegate will be selected and appointed.
The Technical Delegate will communicate in an active way with the IMSSC Member of the country where MAG or MSG will be held. The Technical Delegate has the duty to inform the referee(s) and the starter(s) of MAG or MSG, if the referee(s) or starter(s) is/are acting, in the opinion of the Technical Delegate not compliant with the IMSSC rules.
The cost of the Technical Delegate (travel and other expenses) are borne by the IMSSC and not part of the organizing cost of MAG or MSG.

## Rule 1: Relations to ISU Rules

Generally Masters' Activities and Masters' Competitions follow ISU Regulations and ISU Rules for Speed Skating except where they are specific to juniors/seniors or to International Championships, Olympic Games and World Cups. IMSSC Rules supplement the ISU Rules where the latter are not relevant to Masters or where Master Rules are missing. In such cases the IMSSC Rules takes precedence.

It is the intention of the IMSSC that corresponding rules in the course of time shall be incorporated into the ISU rules.

The mentioned ISU Rules in this document refer to the 2018 Edition of the ISU Constitution and General Rules and also the ISU Special Regulations and Technical Rules. If any ISU Rule should be renumbered after the issue of this document, the reference herein should apply to the corresponding renumbered ISU Rule until next update of this document.

## The Netherlands, proposal 4:

Constitution and Regulations 2018-2019 version 1.3
Rule 1: Relations to ISU rules
Proposal to change last paragraph into:
"The mentioned ISU Rules in this document refer to the ISU-2018 Constitution \& General Regulations FINAL 240918 and also the ISU-2018 Special Regulations Technical Rules Speed Skating FINAL 120918. If any ISU Rule should be renumbered after the issue of this document, the reference herein should apply to the corresponding renumbered ISU Rule until next update of this document."

## Rationale:

Reference to the most recent ISU documents.

## Rule 2: Masters Definition

Masters are speedskaters from 30 years, the age being defined as age reached during the competition year 1st July till 30th June, competing in 5 year age groups 30-34 (30), 35-39 (35), 40-44 (40), 4549 (45), 50-54 (50), 55-59 (55), 60-64 (60), 65-69(65), 70-74 (70), 75-79 (75), 75-79 (75), 80-84 (80), 85-89 (85), 90-94 (90) and higher (as high as necessary).

## Japan Proposal 1:

Age M90 category and record must be newly established.

## C\&R2

C\&R 3.1.7
C\&R 4.1
Reason: lichi Marumo completed 500 m and 1000 m as the first 90 skater.

## Rule 3: Competitions

### 3.1 Masters' International Games and other Masters' International Speed Competitions

### 3.1.1 Masters' International Allround Games

The Masters' International Allround Games shall be held every year with rotating country and location. They may be organized by a club, cooperating clubs or a National Speed Skating Association.

The distances for the Masters' International Allround Games are:
Ladies $500 \mathrm{~m}, 1500 \mathrm{~m}, 1000 \mathrm{~m}, 3000 \mathrm{~m} \quad$ (age groups 30 and higher)
Men $500 \mathrm{~m}, 3000 \mathrm{~m}, 1500 \mathrm{~m}, 5000 \mathrm{~m} \quad$ (age groups $30-60$ )
Men $500 \mathrm{~m}, 1500 \mathrm{~m}, 1000 \mathrm{~m}, 3000 \mathrm{~m} \quad$ (age groups 65 and higher)
The Masters International Allround Games shall be organized over two or three days, at the option of the organizer in consultation with IMSSC. The distances may be run according to one of the following programs at the option of the organizer in consultation with IMSSC. Each Age Group is considered separately, which means that it is not needed to run all Age Groups in a category (e.g. men 30-60) according to the same program. The organizer needs acceptance of the IMSSC for the selected programs.

## Program A (Two Days Competitions)

| Age Groups | Men 30-60 | Ladies <br> Men 65+ |
| :---: | :---: | :---: |
| First Day | 1. 500 m <br> 2. 3000 m | 1. 500 m <br> 2. 1500 m |
| Second Day | 3. 1500 m <br> 4. 5000 m | 3. 1000 m <br> 4. 3000 m |

Program B (Three Days Competitions)

| Age Groups | Men $30-60$ | Ladies <br> Men $65+$ |
| :--- | :--- | :--- |
| First Day | 1. 500 m <br> 2. 3000 m | 1. 500 m <br> 2. 1500 m |
| Second Day | 3. 1500 m | 3. 1000 m |
| Third Day | 4.5000 m | 4.3000 m |

## Program C (Three Days Competitions)

| Age Groups | Men 30-60 | Ladies Men 65+ |
| :---: | :---: | :---: |
| First Day | 1. 500 m | 1. 500 m |
| Second Day | 2. 3000 m | 2. 1500 m |
| Third Day | 3. 1500 m <br> 4. 5000 m | 3. 1000 m <br> 4. 3000 m |

## Program D (Three Days Competitions)

| Age Groups | Men 30-60 | Ladies <br> Men 65+ |
| :---: | :---: | :---: |


| First Day | 1. $\quad 500 \mathrm{~m}$ | 1. <br> 2.$\quad 500 \mathrm{~m}$ |
| :--- | :--- | :--- | ---: |
| Second Day | 2. 3000 m <br> 3. 1500 m | 3. 1000 m |
| Third Day | 4.5000 m | $4 . \quad 3000 \mathrm{~m}$ |

## Proposal 1/NOR - Part II Regulations, Rule 3.1.1 - Masters' International All-Round

## Proposed text

### 3.1.1 Masters' International All-round Games

The Masters' International All-round Games shall be held every year with rotating country and location. They may be organized by a club. cooperating clubs or a National Speed Skating Association.
The distances for the Masters' International All-round Games are:
Ladies $500 \mathrm{~m}, 1500 \mathrm{~m}, 1000 \mathrm{~m}, 3000 \mathrm{~m}$ (age groups 30 and higher)
Men $500 \mathrm{~m}, 3000 \mathrm{~m}, 1500 \mathrm{~m}, 5000 \mathrm{~m}$ (age groups 30-65)
Men $500 \mathrm{~m}, 1500 \mathrm{~m}, 1000 \mathrm{~m}, 3000 \mathrm{~m}$ (age groups 70 and higher)

## Reason

Skaters who do not want to compete in longer distances can participate in MASTERS' SPRINT GAMES which have been organized since 2009 and which provide sprinters with an alternative championship on which to concentrate.
However, many male skaters in age groups 65 and higher do want to compete in longer distances and are dissatisfied with 3000 m as their longest distance. Until 2007, 5000 m was the longest distance for AG65. The rule was then changed and since 2008, the longest distance for AG65 has been 3000 m .
An ALL-ROUND competition should involve at least one long distance. 500/1000 are sprint distances and 1500/3000 are middle distances.
Therefore (in fact) all men should have 5 k as the long distance in the Master Games.

## USA Proposal 1: (refer to Appendix 1 for details)

Paragraph 3.1.1 add to the list "The distances for the MAGs are:"
"At the discretion of the Event Organizer, and in conjunction with the local IMSSC Member, Team Pursuit races may also be included. Additional information is provided in the "Requirements and Advices to Organizers of International Masters' Competitions" document available at www.imssc.org."

Paragraph 3.1.1, Programs A through D, add an "*" in each block after the final distance (8 places), and a note at the end of the paragraph "* Team Pursuit races (optional)"

### 3.1.2 Masters' International Sprint Games

The Masters' International Sprint Games shall be held every year with rotating country and location. They may be organized by a club, cooperating clubs or a National Speed Skating Association.

The distances for the Masters' International Sprint Games are:
Ladies and Men: $\quad 500 \mathrm{~m}, 1000 \mathrm{~m}$ (first day)
$500 \mathrm{~m}, 1000 \mathrm{~m}$ (second day)
The Masters' International Sprint Games should be organized in the same two days for all participants.

## USA Proposal 1: (refer to Appendix 1 for details)

Paragraph 3.1.2 add to the list "The distances for the MSGs are:"
"At the discretion of the Event Organizer, and in conjunction with the local IMSSC Member, Team Sprint races may also be included. Additional information is provided in the "Requirements and Advices to Organizers of International Masters' Competitions" document available at www.imssc.org."

### 3.1.6 Limit times for Masters' International Sprint Games and Masters' International Allround Games

Every participant has to inform the national IMSSC Member of his (her) most recent time on the 500 m and 1500 m . It is the responsibility of the IMSSC Member to accept the times. If the applicable time ( 500 m for the Sprint Games and 1500 m for the Allround Games) does not meet the Maximum Time as laid down in Rule 3.1.7 (Maximum Time Table) the participant cannot take part in the Sprint and/or Allround Games unless the national IMSSC Member decides otherwise in a written consent.

## The Netherlands, proposal 5:

## Constitution and Regulations 2018-2019 version 1.3

## Rule 3.1.6 Limit times. . .

Proposal to add the following text before the last word in the last sentence:
". . . in a written consent to the organiser of the Masters Sprint Games or Masters Allround Games and the Board of the IMSSC".

## Rationale:

The organiser of MSG or MAG have to be informed about participation of masters that don't fulfil the requirements as defined in Rule 3.1.6. The Board of the IMSSC has to maintain the "performance level" of participants in MSG and MAG. MSG and MAG are the world championships for masters. This means that in principle all participants must comply with the (maximum) times as defines in Rule 3.1.7.
3.1.7 Maximum time table

| Age Group | maximum time |  |
| :---: | :---: | :---: |
|  | 500 m | 1500 m |
| Ladies 30 | 50.00 | $2: 45.00$ |
| Ladies 35 | 52.00 | $2: 47.50$ |
| Ladies 40 | 53.00 | $2: 50.00$ |
| Ladies 45 | 55.00 | $2: 52.50$ |
| Ladies 50 | 57.00 | $2: 55.00$ |
| Ladies 55 | 59.50 | $3: 00.00$ |
| Ladies 60 | $1: 02.50$ | $3: 07.50$ |
| Ladies 65 | $1: 06.00$ | $3: 18.00$ |
| Ladies 70 | $1: 10.00$ | $3: 30.00$ |
| Ladies 75 | $1: 15.00$ | $3: 45.00$ |
| Ladies 80 | $1: 20.00$ | $4: 00.00$ |
| Ladies 85 | $1: 25.00$ | $4: 15.00$ |


| Age Group | maximum time |  |
| :---: | :---: | :---: |
|  | 500 m | 1500 m |
| Men 30 | 45.00 | $2: 25.00$ |
| Men 35 | 46.00 | $2: 27.50$ |
| Men 40 | 47.00 | $2: 30.00$ |
| Men 45 | 48.50 | $2: 32.50$ |
| Men 50 | 50.00 | $2: 35.00$ |
| Men 55 | 52.00 | $2: 37.50$ |
| Men 60 | 54.50 | $2: 45.00$ |
| Men 65 | 58.00 | $2: 54.00$ |
| Men 70 | $1: 02.00$ | $3: 06.00$ |
| Men 75 | $1: 07.00$ | $3: 21.00$ |
| Men 80 | $1: 12.00$ | $3: 36.00$ |
| Men 85 | $1: 17.00$ | $3: 51.00$ |

## Japan Proposal 1:

Age M90 category and record must be newly established.
C\&R2
C\&R 3.1.7
C\&R 4.1
Reason: lichi Marumo completed 500 m and 1000 m as the first 90 skater.

## Japan Proposal 5:

No limit time for over M85 and over L65 for MSPG/MARG

## C\&R 3.1.7

Currently limit time is shown in the chart, up to L85 and M85.
Reason: Welcoming older skaters.

### 3.2 Entry

The official entry form of the competition is sent through the IMSSC registration system (available on the IMSSC website) or through a designated website to the organizer or the National IMSSC Member (as specified in the announcement) by the competitor or through representation of the club/association to which the skater belongs. Every competing skater must be licensed in his/her own country.

Countries which enter to the Masters' Allround Games or Sprint Games on the national level have not to accept entries before the announcement of the Games has been issued in the IMSSC Webpage. If they accept entries electronically over their National Website they have to mark the electronic entry form that it is only valid for National participants.

In particular for the Masters' Allround Games and Sprint Games the following rules apply:

- the registrations of skaters of Nations with or without selection process will have a common deadline;
- the registrations for Nations without selection process will go on also passing the relevant Nation quota; all the skaters outside the Nation quota will go in a waiting list; the registrations will go further until the deadline;
- at the registrations deadline two cases will be possible:
i. Nation quota not fulfilled: in this case the available places will be distributed among the other Nations that own a waiting list in relation to their percentage of the original quota;
ii. Nation quota fulfilled or passed (waiting list): In this case and according to IMSSC Rule 3.2.1 Substitutes, if a skater cancels her/his registration, she/he will be substituted by a skater available of the same country in the waiting list until the first team leader meeting.


## The Netherlands, proposal 6:

## Constitution and Regulations 2018-2019 version 1.3

## Rule 3.2 Entry

## Proposal for new text:

In particular for the Masters Allround Games and Masters Sprint Games the following rules apply:

- At least two masters (preferable one woman and one man) of Nations that are grouped under the quota "Other Countries" are allowed to participate in the Masters Allround Games and Masters Sprint Games. This is only valid for Nations of which the IMSSC Member is present in the IMSSC Session that precedes the competition period. In the IMSSC Session that precedes the competition period, the required quota for "Other Countries" will be determined before all other quota.
- The registrations of masters of Nations with or without a selection process will have a common deadline.
- The registrations of masters from Nations without a selection process will continue also when the applicable Nation quota is exceeded; all masters exceeding the Nation quota will be registered on a waiting list; the registrations will continue until the registration deadline.
- At the registration deadline two situations can occur:

1. Nation quota not fulfilled: In this case the available places will be distributed over the Nations with a waiting list in a weighted way related to the percentage of their original quota.
2. Nation quota fulfilled or exceeded (waiting list): In this case and according to IMSSC Rule 3.2.1 Substitutes, if a master cancels her/his registration, she/he will be substituted by a master of the same country on the waiting list until the first team leader meeting.

- If entries are still available after the first team leaders meeting, these entries may be used by the organizing committee for masters of their country.


## Rationale:

It is the goal of the IMMSC is that (the best) masters of countries that are member of the IMSSC must have the opportunity to participate in the Masters Allround Games (MAG) and/or the Masters Sprint Games (MSG). Due to the rule "who registers first, will be first" there is a big chance that not every country is participating/represented in MAG and/or MSG. This was the case for MSG2019 Leeuwarden.

### 3.5 Drawing and Ranking

Drawing at International Masters' Speed Skating Competitions must be done according to ISU Rule 244 for Drawing at International Competitions. Each of the 5 Year Age Groups is considered a separate competition in this respect.

For drawing of Masters' International Allround Competitions, including Masters' International Allround Games, the ISU Rule 244 paragraphs 3, 4 and 5 apply, as well as ISU Rule 240 paragraph 2.

Drawing at Masters' International Sprint Competitions, including Masters' International Sprint Games, must be done according to ISU Rule 240 paragraph 4, with two exceptions:

- drawing of the third and fourth distance will be done based on the overall ranking (independent of age group) on the first respectively the second distance;
- all competitors will be admitted to the last distance.

If there are more than 100 participants at Masters' International Sprint Competitions /Sprint Games, the participants shall be divided into two or more blocks of 5 year age groups. The first block completes their two distances before the next block, and so on. This will reduce the waiting time between the two distances.

For drawing of Masters' International Allround Competitions, including Masters' International Allround Games generally the age groups are drawn separately. If the number of competitors is very small in one or several of the five year age groups, neighbored 5 year age groups may be joined for drawing and speedskating. But the allotting of track on the third distance is decided by the ranking after two distances for each 5 year age group, and not by the ranking in the joined, neighbored groups. The final distance drawing and classification must be done in her/his own age group independent of the number of participants in that age group.

To be able to recognize the intermediate standings within the original 5 year age groups even when they are joined, the name of the competitors should be accompanied by their age group in all start lists and results, for instance: «Otto Meier 55».

## The Netherlands, proposal 7:

## Constitution and Regulations 2018-2019 version 1.3

## Rule 3.5 Drawing and Ranking

Proposal to delete the following sentence in the second-last part of the text:
"But the allotting of track on the third distance is decided by the ranking after two distances for each 5 year age group, and not by the ranking in the joined, neighboured groups".

## Rationale:

This rule is not practical and can not be implemented in most drawing/seeding systems that are used in 400 m ice rink venues (for instance all venues in the Netherlands).

## Proposal 1/NOR - Part II Regulations, Rule 3.5. - Masters' International All-Round

3.5 Drawing and Ranking

## 5 paragraph

Proposed text
For drawing of Masters' International All-round Competitions, including Masters' International All-round Games generally the age groups are drawn separately. If the number of competitors is very small in one or several of the five year age groups. neighboured 5 year age groups may be joined for drawing and speed skating. But the allotting of track on the third distance is decided by
the ranking after two distances for each 5 year age group. and not by the ranking in the joined, neighboured groups. The final distance drawing and classification must be done in her/his own age group independent of the number of participants in that age group. However skaters in groups with odd number of participants, who in this case would skate alone on the last distance, can be paired together on the last distance.

Reason: We will save time and it would be more interesting for the participants to have an opponent. For example in the MAG-2019 in Bjugn there was one woman skating alone in the AG 70 and another alone in AG 65 (in a quartet of three skaters)

## Japan Proposal 2: <br> MARG format must be revised to "similar" to MSPG as below; <br> C\&R 3.5

For drawing of Masters' International Allround Competitions, including Masters' International Allround Games generally the age groups are drawn separately. If the number of competitors is very small in one or several of the five year age groups, neighbored 5 year age groups may be joined for drawing and speedskating. But the allotting of track on the third distance is decided by the ranking after two distances for each 5 year age group, andnot by the ranking in the joined, neighbored groups. The final distance drawing and classification must be done in her/his own age group independent of the number of participants in that age group.
a) No change that, after 3rddistance completed, top 4 skaters in the same age category will skate in the same quartette if there are 4 skaters in the same age group.
b) 5thand lower ranked skaters will be categorized in mixed age group with other age group and paired by time ranking.
c) If there are less than 4 skaters in the same age group, the following can be applied.

Only 1 skater in the same age. = Can be categorized to mixed age if there are any other skaters.
Can be paired with a skater from another age group, considered by time ranking. At least this quartette group will take 2 ndpair from other age group.
Only 2 skaters in the same age = Can be categorized to the same pair in the same age group. This quartette group will take 2 nd pair from other age group.
Only 3 skaters in the same age = Can be categorized to the same age group. No change.
Reason: More economical time in schedule. Usually we see some skaters in older group are skating solo. It is more exciting to watch.

### 3.7 Participants in the Last Distance

For the Sprint and Allround competitions every skater that has finalized three distances according IMSSC and ISU rules, is allowed to skate the fourth distance.

The Netherlands, proposal 8:
Constitution and Regulations 2018-2019 version 1.3
Rule 3.7 Participants in the Last Distance
This article must be removed because it is conflicts with Rule 3.5.

### 3.9 Recommendation for Overtaking

Overtaking takes place very often in races with quartet start. The competitor is recommended to overtake another competitor in the speed skating competition only on the outside if both are in the same track. That minimizes the danger of accidents. There is no ISU Rule that a skater who will be overtaken in a track has to go to the outside of the track.

## The Netherlands, proposal 9:

## Constitution and Regulations 2018-2019 version 1.3

## Rule 3.9

Proposal to delete this rule.
Rationale:
The text of Rule 3.9 «Recommendations for overtaking» is fully contained in ISU Rule 257-2, see the document "ISU-2018 Special Regulations Technical Rules Speed Skating FINAL 120918.pdf"

## Rule 4: International Masters' Records (IMSSC Records)

### 4.1 Age groups

IMSSC Records are listed by the IMSSC for the age groups defined in Rule 2.

## Japan Proposal 1:

Age M90 category and record must be newly established.
C\&R2
C\&R 3.1.7
C\&R 4.1
Reason: lichi Marumo completed 500 m and 1000 m as the first 90 skater.

### 4.3 Applications

IMSSC Records (International Masters' Records) are recognized only for times and points reached in International Masters' Competitions approved by the IMSSC. This approval must be done at the preceding Session in May or June or by the Board if the competition was not yet known at the Session. All competitions must comply with the Rules and Regulations of the ISU and the IMSSC. Applications for IMSSC Records must be made by the IMSSC Member of the Country, where the Competition has taken place, or by the Organizer of this Competition by sending one set of the necessary documents via e-mail to the IMSSC Statistician (marcello@imssc.org) and to the IMSSC Secretary (info@imssc.org). If the documents are not written in English, the text in these documents additionally has to be translated into English by the applicant.

Applications of IMSSC Records are possible for competitions in the competition year (July 1st June 30th of the next year). Latest application preferred date for IMSSC Records of every competition is 6 weeks after the competition date (arrival of the application at the IMSSC).

One set of the necessary documents comprises the following documents:

- Official Announcement (if not published in the IMSSC web-site);
- Official Competition Program (timetable);
- Official Protocol of the Competition;
- Birthdates of the competitors who have lowered IMSSC Records.
- The official protocol must contain:
a) the complete list of officials (observe ISU Rules 210 and 213);
b) the starting list for each distance; (ISU Rule 273 § 1 a)
c) the times of automatic timekeeping, recorded in hundredths of a second; (ISU Rule 273 § 1 b)
d) the times of manual timekeeping:
- accumulated lap times in hundredths of a second (see ISU Rule 252);
- final times in hundredths of a second (see ISU Rule 250, § 5 and § 6).

The times of automatic timekeeping should show the rank of the skaters. If they additionally show the starting order in pairs and possible quartets, the starting lists may be omitted.
If the times of automatic timekeeping are complete and uncorrupted, the times of manual timekeeping may be omitted. The IMSSC Statistician may still demand them.

The IMSSC Statistician may demand additional documentation to be able to verify the provisions in Rule 4.4.

If there is no IMSSC Member or Organizer of the Competition who makes an IMSSC Record Application, the competitor who has lowered an IMSSC Record, may make an application by himself following the description above. However, the documents must in addition include a filled in Official IMSSC Record Application Form.

## The Netherlands, proposal 10:

## Constitution and Regulations 2018-2019 version 1.3

## Rule 4.3 Applications

## Proposal to correct this rule:

In the first sentence after the words "International Masters Competitions" add the words "and in National Masters Championships"
Proposal to extend this rule:

Add in the first sentence after " . . . by the IMSSC" the following text "and during World Winter Master Games organised by IMGA".

Rationale:
In a Dutch proposal for the Session 2018 a mistake was made and by incident the possibility to skate a record also in a National Masters Championship was deleted.
It must be possible to recognize master world speedskating records during the Olympic Winter Games for masters that are organised on a 4 year basis by the IMGA.

## Proposals Not Linked to Existing IMSSC Constitution and Regulations

## The Netherlands, proposal 1:

## Constitution and Regulations 2018-2019 version 1.3

Version 1.3 of the C\&R is made by the IMSSC Secretary after the session on June, Second 2018, based on the changes, made at the ISU Congress in June 2018 in the ISU-2018 Special Regulations Technical Rules Speed Skating, published by the ISU on 12 September 2018.
Proposal:
Accept C\&R version 1.3 with the changes due to changes in the ISU-2018 Special Regulations Technical Rules Speed Skating.

## Japan Proposal 3:

Helmet mandatory
NEW
All skaters must wear helmet during practice session as well as competition.
Reason: Athlete safety first

## Japan Proposal 4:

Ex-Olympians are invited to participate in MSPG and MARG.
NEW
If he or she is going to participate in MSPG or MARG, they will be awarded to "special quota"over Nation Quota

Reason: It will be good promotion of IMSSC (MSPG/MARG), welcoming "well known" skaters. Japan is planning to bring a couple of ex-Olympian to Calgary.

## Appendix 1: USA Proposal 1

## Proposal \#1 for Change <br> USA

Submitted for consideration at the 42st IMSSC Session
1 June 2019

## Purpose:

The propose of this proposal is to recommend an update to the IMSSC Masters Allround Games (MAG) and Masters Sprint Games (MSG) formats by inclusion of additional optional racing event formats; Team Pursuit (TP) at MSG and Team Sprint (TS) at MSG, as determined possible and appropriate by the Event Organizer.

## Background:

Currently, the IMSSC MAG is a 2 or 3 day event which consists of 4 races per skater; 500 m , $1500 \mathrm{~m}, 3000 \mathrm{~m}$, and 5000 m , or $500 \mathrm{~m}, 1000 \mathrm{~m}, 1500 \mathrm{~m}$, and 3000 m , depending upon gender and/or age. The meet is scored as an allround samalog, and podium awards are presented based strictly on individual samalog scores. This format continues to be very successful and is well enjoyed.
Similarly, the IMSSC MSG is a 2 day event with each competitor racing 4 times; $2 x 500 \mathrm{~m}$ and 2 x 1000 m . The samalog score for the four races is used to determine the podium awards of all the age groups. This has also been a very successful and is a well enjoyed format.

## Discussion:

In recent years, the International Skating Union (ISU) and the International Olympic Committee (IOC) have introduced races of different formats to World Cup events and to the Olympic Games. Past ISU racing formats were limited to Sprint, Single Distance, and Allround formats, and the Olympics have been competed as a Single Distance competition. New racing formats have been developed and introduced by the ISU and adopted by the IOC to evolve the Metric Style racing experience for the athletes and for the spectators. The new racing formats include; Team Pursuit (TP), Team Sprint (TS), and Mass Start (MS). These new formats have been successful at generating interest for the skaters and excitement for the spectators. It appears that they will remain a regular and lasting part of the new ISU race formatting plan.

## Recommendation:

It is recommended that the IMSSC promote and recognize the possible inclusion of Team Pursuit and Team Sprint races as part of the MAG and MSG event schedules, respectively. The Team composition and race structure will be at the discretion of the Event Organizer, but will follow ISU Rules with clarifications for IMSSC as noted below:

Guidelines for establishing teams and racing format are presented below:

1) Each TP race will be 6 laps of the inner racing lane.
2) Each TS race will be 3 laps of the inner racing lane.
3) Each race will involve two teams of 3 skaters starting and finishing at the midway of the straight on opposite sides of the track. If there are an odd number of teams participating, then a single team will race on the track starting and finishing on the 1000 m finish line side of the oval.
4) Racing is not head to head, but rather against the clock.
5) The composition of each team will be 3 men or 3 women.
6) At the discretion of the Event Organizer, teams may be composed of skaters from different countries. Otherwise, TP and TS team members shall all represent a single country.
7) Teams composed completely of skaters in AG45 and under will be classified as Masters Teams. Teams composed of skaters in AG50 and over will classified as Grand Master Teams.
8) The team finishing time for TP races will be based on the 3rd skater crossing the start/finish line after 6 full laps have been skated. The finishing time for TS races will be based on the 1st skater crossing the start/finish line after 3 full laps have been skated.
9) Team entry submission will be made to the Event Organizer at the Coaches' Meeting prior to the first competition day.
10)Event Organizers may charge a nominal fee to cover cost of including TP or TS races, and may also limit the number of races conducted based on available time and resources.
11)Teams will be ranked based on finishing times, fastest being 1st place. Awards will include the 1st, 2nd, and 3rd place team finishes, and will be announced/presented at the closing banquet. Team member names, age groups, country(ies), and finishing times will be included in the Final Competition Protocol.
12)Additional ISU format guidelines may be adopted and included as deemed necessary and appropriate by the Event Organizer.

Note: Mass Start racing is not addressed for possible inclusion for a couple of specific reasons: 1) The need for additional safety equipment and the "policing" of this equipment is considered to be overly burdensome to the Event Organizer and competitors; 2) Judging of race conduct is far different than that required for "against the clock" races, and creates an additional burden for the Event Organizer.

## Eligibility Clarification:

All TP and TS team members must be registered competitors in the MAG and MSG format races, respectively. If a competitor is penalized in the MAG or MSG competition, therefore, not completing the entire competition, this participant may still participate in the TP or TS race.

## Action:

IMSSC members vote to adopt the option to allow Event Organizers to include, if they wish, Team Pursuit and Team Sprint races at the annual MAG and MSG as outlined above. If passed, language will be drafted to codify the decision in the IMSSC Constitution and Rules document.

## Recommended Addition to "Requirements and Advices to Organizers of International Masters' Competitions - ver.1.4"

Insert new paragraph after 14. as follows, and renumber subsequent paragraphs:

## 15.Team Sprint (at MSG) or Team Pursuit (at MAG) Guidelines

The IMSSC is encouraging the inclusion of racing formats currently being competed at ISU meets. To that end, the IMSSC encourages Event Organizers to consider including race formats in addition to the normal metric style pairs races. With the understanding that resource availabilities vary from venue to venue, the IMMSC is simply requesting that Event Organizers consider including these additional formats as an enhancement to the competition experience for Masters skaters. ISU Rules regarding the conduct of these race formats will govern, however, the below listed specific items that should be considered when an Organizer chooses to include Team Pursuit or Team Sprints at an MAG or MSG competition:

1. Each Team Pursuit (TP) race will be 6 laps of the inner racing lane.
2. Each Team Sprint (TS) race will be 3 laps of the inner racing lane.
3. Each race will involve two teams of 3 skaters starting and finishing at the midway of the straight on opposite sides of the track. If there is an odd number of teams participating, then a single team will race on the track starting and finishing on the 1000 m finish line side on the oval.
4. Racing is not head to head, but rather against the clock.
5. The composition of each team will be 3 men or 3 women.
6. At the discretion of the Organizer, teams may be composed of skaters from different countries. Otherwise, TP and TS team members shall all represent a single country.
7. Teams composed completely of skaters in AG45 and under will be classified as Masters Teams. Teams composed of skaters in AG50 and over will classified as Grand Master Teams.
8. The team finishing time for TP races will be based on the 3rd skater crossing the start/finish line after 6 full laps have been skated. The finishing time for TS races will be based on the 1st skater crossing the start/finish line after 3 full laps have been skated.
9. Team entry submission will be made to the Event Organizer at the Coaches Meeting, prior to the first day of competition.
10.Event Organizers may charge a nominal fee to cover cost of including TP or TS races, and may also limit the number of races conducted based on available time and resources.
11.Teams will be ranked based on finishing times, fastest being 1st place. Awards will include the 1st, 2nd, and 3rd place team finishes, and will be announced/presented at the closing banquet. Team member names, age groups, country(ies), and finishing times will be included in the Final Competition Protocol.
12.It is expected that the Organizer will work in concert with the local IMSSC Member to determine application of these guidelines.

## Agenda Item 17: Other Proposals

## Norway Proposal for Discussion:

Apart from the proposals some Norwegian skaters want me to discuss the practising of IMMSC rule 3.1.8 False Start The Competitors have to take a stable position before the Starter calls "Ready", whereupon they are to take their starting position and wait in this position until the shot is fired. By this adjustment a false start for the competitor occurs when the skater:

## - stands on the starting line;

and of ISU rule 256.3. Crossing the lines of the designated competition lane
If a Competitor skates outside the designated competition lane, thus completely crossing the line to the other lane or to the warm-up lane with the full skate, the Competitor may be disqualified, even without offending another Competitor. If there are confirmed observations of more than one such offence during the race, the Competitor will be disqualified, except for situations described in paragraph 4 below,
i.e. reasons for disqualification.

## Proposal Spain 2019 - Website + Domain update

The current website originated in 2012, following change of hosting provider and dismiss of original site made by Mr Serini from a simple (but exceedingly expensive) Word file. A CMS system was chosen back then, for economic reasons, scalability, ease of use and security. In fact, the only major update so far happened in early 2015, when the event registration and management system was improved to meet IMSSC's needs
However, 4 years in technological terms is a lifetime. It's becoming harder to perform maintenance tasks, due to the obsolescence of the core system, as well as the increasingly higher security required, which demands better hosting specs and improved domain management. In particular, the following are urgent measures to be taken:

- Core system must be updated (see image below)
- Hosting must be enhanced to accommodate new specs
- HTTPS protocol: any website with an address http:// is considered "unsecure" by modern browsers. I already installed the corresponding certificate, so our site now points to https://imssc.org but such certificate is not free. It has a monthly/annual fee.
- GPDR: European regulation about data protection is to be enforced from this year.
- Domain was implemented with SPF for e-mail security, but still needs DAC measures
- Event registration and management: by updating the core system, the old module (extension) won't work anymore, so a newer version must be acquired. Other older modules must be updated as well.


To carry on such tasks, the calculated rate is about $500 €$. As a reference, please see here $\gg$ what's the reasonable charge (as of April 2019) for a job like this. Over twice as much! Moreover, the annual hosting cost (stable since 2012!) will have to increase roughly $10 \%$. Please note that hosting includes, aside the new SSL certificate, also maintenance, back-ups, mail accounts, upgrades, etc.
IMSSC website is the main information source for all masters (as proven by usage statistics), not to mention the most prominent registration mean for our races. It cannot be neglected!
Marcello Bresin

