



International Masters' Speed Skating Committee

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by e-mail

Vittuone, April 23rd 2018

to: all IMSSC Members

Subject: proposals for 41st IMSSC Session in Amsterdam/NED on June 2nd 2018 sorted according to agenda item

Please find in the following pages all the arrived proposals sorted according to their relation with the agenda item. The preliminary agenda is the following:

1. Approval of the Minutes 40th IMSSC Session in Amsterdam/NED 2017
2. Alterations of Members in the IMSSC
3. Election of the successors as IMSSC Statistician and IMSSC Treasurer
4. Approval of the IMSSC Records List 2018
5. Allround Games 2021 and Sprint Games 2021, Applications
6. Allround Games in Bjugn/NOR 2019, Nations' Quota
7. Sprint Games in The Netherlands 2019, Nations' Quota
8. Other International Masters' Competitions in 2018/2019
9. ISU-IMSSC relationship and cooperation
10. IMSTC: current and future status
11. Financial Report 2017, Financial Preview 2018
12. New Proposals for changing IMSSC Constitution and Regulations
13. Other Proposals:
 - a. Celebration of the 25 years of IMSSC
 - b. Advices to Athletes for Anti-Doping
 - c. Others
14. Miscellaneous

With best regards,

INTERNATIONAL MASTERS' SPEED SKATING COMMITTEE (IMSSC)

Paolo Gemme

Members of the IMSSC:

Frank Anderson (AUS), Hubert Kreutz (AUT), Willy Caboor (BEL), Konstantin Lukashevich (BLR), Brett Arnason (CAN), Petr Novák (CZE), Marcello Bresin (ESP) Pertti Kiiskinen (FIN), Peter Carr (GBR), Reinhold Marsollek (GER), Rossella Sardi (ITA), Kenji Takai (JAP), Azamat Ismailov (KAZ), Jae-Seok Choi (KOR), Lasma Kauniste (LAT), Nanjid Oyuntsetseg (MON), Tjeerd Smies (NED), Ragnvald Næss (NOR), Boris Reprin (RUS), Hans-Peter Ambass (SUI), Nils Larsson (SWE), Oleksandr Symonenko (UKR), Andrew Love (USA)

Honorary Members of the IMSSC:

Roland Hagemann (GER), Dominik Wehling (GER), Antonio Nitto (ITA), Drs. Harry G. Falke (NED), Bram de Vries (NED), Aris J. Dijkman (NED), Sven-Åge Svensson (NOR), Peter Reimann (SUI)

Honorary President of the IMSSC:

Dr. Volker Serini (GER)

AGENDA Item 2 – Alterations of Members in the IMSSC

Proposal 3/ITA: new IMSSC Member for Italy.

Proposal:

Mr. Nicola Condini, Director of Ice-Rink Piné, of Baselga di Piné (TR, Italy), is proposed as new IMSSC Member for Italy, starting from next Meeting, during which he shall be – hopefully – elected. He succeeds Rossella Sardi (who sends her greetings to the Meeting and thanks the President, the Secretary, the Honorary Members and all the Members in charge for their attention and trust).

AGENDA Item 12 – New proposals for changing IMSSC Constitution and Regulations

Proposal 5/NED: Part I Constitution, Article 4 – Use of Names Emblems and Graphics.

Current text:

Use of names and Graphics of the IMSSC in general: The names “Masters’ International Allround Games”, “Masters’ International Sprint Games” and “IMSSC Records” can only be used for competitions and records approved by the IMSSC. This is also valid for the IMSSC Logo (the skate with “IMSSC” above) and the logo for the Games (the skaters inside the globe).

Use of Emblems and Graphics of the IMSSC on National Masters’ Websites: It is not allowed to use the names “International Masters Speed Skating Committee”, “IMSSC” and the Emblems and Graphics of the IMSSC at outstanding places at National Masters’ Websites. Especially at the first page of a National Masters’ Webpage it has to be clear that it is not the Webpage of the International Masters’ Speed Skating Committee or the International Masters’ Speed Skating News but a National Masters’ Webpage.

Proposal:

Proposal is to split Article 4 in two articles. One related to the name, emblems and graphics of the IMSSC and one of those of the ISU. The proposed text of Article 4 is:

Proposed text:

4.1 Use of Names, Emblems and Graphics of the IMSSC

<Text as current text>

4.2 Use of Names, Emblems and Graphics of the ISU

In each document (for instance announcement, protocol, newspaper / news message) of a Masters competition that is listed as a formal IMSSC competition, the ISU logo must be used. The ISU logo must be included in the header or footer of every document and must appear on every page of the document.

Rationale:

Close cooperation of IMSSC and ISU.

Proposal 6/NED: Part I Constitution, Article 5 – Delegation of Tasks by the IMSSC.

Proposal to update the information in Article 5, as follows:

- 5.19 Preparation of Masters Sprint Games 2019 Leeuwarden/NED: Joke Wittenberg & Tjeerd Smies
- 5.21 Preparation of Dutch Masters Cup 2019 (3 competition on 3 different tracks in the Netherlands)/NED: Tjeerd Smies
- 5.22 Preparation LONG DISTANCE RACES 2019 Heerenveen/NED: Tjeerd Smies
- 5.23 Preparation HEERENVEEN Sprint 2019 Heereveen/NED: Tjeerd Smies

Additional action: Update of the numbering of the list of events.

Proposal 1/USA: Part II Regulations, Rule 3. – Team Pursuit (TP) at MAG and Team Sprint (TS) at MSG.

Purpose:

The propose of this proposal is to recommend an update to the IMSSC Masters Allround Games (MAG) and Masters Sprint Games (MSG) formats by inclusion of additional racing event formats; Team Pursuit (TP) at MAG and Team Sprint (TS) at MSG, as determined possible and appropriate by the Event Organizer.

Background:

Currently, the IMSSC MAG is a 2 or 3 day event which consists of 4 races per skater; 500m, 1500m, 3000m, and 5000m, or 500m, 1000m, 1500m, and 3000m, depending upon gender and/or age. The meet is scored as an allround samalog, and awards are presented based strictly on individual samalog scores. This has been a very successful and a well enjoyed format for many years.

Similarly, the IMSSC MSG is a 2 day event with each competitor racing 4 times; 2x 500m and 2x 1000m. The samalog score for the four races is used to determine the podium of all the age groups. This has also been a very successful and a well enjoyed format for many years.

Discussion:

In recent years, the International Skating Union (ISU) and International Olympic Committee (IOC) have introduced races of different formats to World Cup events and to the Olympic Games. Past ISU racing formats were limited to Sprint, Single Distance, and Allround formats, and the Olympics were competed as a Single Distance competition. New racing formats have been developed and introduced by the ISU and adopted by the IOC to evolve the Metric Style racing experience for the athletes and for the spectators. The new racing formats include; Team Pursuit (TP), Team Sprint (TS), and Mass Start (MS). These new formats have been successful at generating interest for the skaters and excitement for the spectators. It appears that they will remain a regular and lasting part of the new ISU race formatting plan.

Recommendation:

It is recommended that the IMSSC promote and recognize the inclusion of Team Pursuit and Team Sprint races as part of the MAG and MSG event schedules, respectively. The Team composition and race structure will be at the discretion of the Event Organizer, but will follow ISU Rules with clarifications for IMSSC noted below:

Guidelines for establishing teams and racing format is presented below:

1. Each TP race will be 6 laps of the inner racing lane.
2. Each TS race will be 3 laps of the inner racing lane.
3. Each race will involve two teams of 3 skaters starting and finishing at the midway of the straight on opposite sides of the track. If there are an odd number of teams participating, then a single team will race on the track starting and finishing at the 1000m finish line.
4. Racing is not head to head, but rather against the clock.
5. The composition of each team will be 3 men or 3 women.
6. At the discretion of the Event Organizer, teams may be composed of skaters from different countries. Otherwise, TP and TS team members shall all represent a single country.
7. Teams composed completely of skaters in AG45 and under will be classified as Masters Teams. Teams composed of skaters in AG50 and over will classified as Grand Master Teams.
8. The team finishing time for TP races will be based on the 3rd skater crossing the start/finish line after 6 full laps have been skated. The finishing time for TS races will be based on the 1st skater crossing the start/finish line after 3 full laps have been skated.
9. Team entry submission will be made to the Event Organizing Committee by the conclusion of racing on Day 1 of the MAG.
10. 10)Event Organizers may charge a nominal fee to cover cost of including TP or TS races, and may also limit the number of races conducted.
11. 11)Teams will be ranked based on finishing times, fastest being 1st place. Awards will include the 1st, 2nd, and 3rd place team finishes, and will be announced/presented at the closing banquet. Team member names, age groups, country(ies), and finishing times will be included in the Final Competition Protocol.
12. Additional ISU format guidelines may be adopted and included as deemed necessary and appropriate.

Note: Mass Start racing was not addressed for possible inclusion for a couple of specific reasons: 1) The need for additional safety equipment and the “policing” of this equipment is considered to be overly burdensome to the

Event Organizers and competitors; 2) Judging of race conduct is far different than that required for “against the clock” races, and creates an additional burden for that Organizer.

Eligibility Clarification:

All TP and TS team members must be registered competitors in the MAG and MSG format races, respectively. If a MAG or MSG participant is Penalized, therefore resulting in not completing the entire competition, this participant may still participate in the TP or TS race.

Action:

IMSSC members vote to adopt the option for Event Organizers to include Team Pursuit and Team Sprint races at the annual MAG and MSG as outlined above. If passed, language will be drafted to codify the decision in the IMSSC Constitution and Rules document.

Proposed text for IMSSC Constitution and Regulations:

Rule 3: Competitions

Paragraph 3.1.1 add to the list “The distances for the MAGs are:”

“At the discretion of the organizer, and in conjunction with the local IMSSC Member, Team Pursuit races may also be included. Additional information is provided in the “Requirements and Advices to Organizers of International Masters’ Competitions” document available at www.imssc.org.”

Paragraph 3.1.1, Patterns A through D, add an “*” in each block after the final distance (8 places), and a note at the end of the paragraph “* Team Pursuit races (optional)”

Paragraph 3.1.2 add to the list “The distances for the MSGs are:”

“At the discretion of the organizer, and in conjunction with the local IMSSC Member, Team Sprint races may also be included. Additional information is provided in the “Requirements and Advices to Organizers of International Masters’ Competitions” document available at www.imssc.org.”

Proposed text for “Requirements and Advices to Organizers of International Masters’ Competitions”

Insert new paragraph after 15. as follows, and renumber subsequent paragraphs:

15. Team Sprint (at MSG) or Team Pursuit (at MAG) Guidelines

The IMSSC is encouraging the inclusion of racing formats currently being competed at UCI meets. To that end, the IMSSC encourages Organizers to consider including race formats in addition to the normal metric pair races. With the understanding that resource availabilities vary from venue to venue, the IMSSC is simply requesting that the Organizer consider including these additional formats as an enhancement to the competition experience for Masters skaters.

ISU Rules regarding the conduct of these race formats will govern, however, the below listed specific items should be considered when an Organizer chooses to include Team Pursuit or Team Sprints at an MAG or MSG competition:

1. Each Team Pursuit (TP) race will be 6 laps of the inner racing lane.
2. Each Team Sprint (TS) race will be 3 laps of the inner racing lane.
3. Each race will involve two teams of 3 skaters starting and finishing at the midway of the straight on opposite sides of the track. If there is an odd number of teams participating, then a single team will race on the track starting and finishing at the 1000m finish line.
4. Racing is not head to head, but rather against the clock.
5. The composition of each team will be 3 men or 3 women.
6. At the discretion of the Organizer, teams may be composed of skaters from different countries. Otherwise, TP and TS team members shall all represent a single country.
7. Teams composed completely of skaters in AG45 and under will be classified as Masters Teams. Teams composed of skaters in AG50 and over will be classified as Grand Master Teams.
8. The team finishing time for TP races will be based on the 3rd skater crossing the start/finish line after 6 full laps have been skated. The finishing time for TS races will be based on the 1st skater crossing the start/finish line after 3 full laps have been skated.
9. Team entry submission will be made to the Event Organizer by the conclusion of racing on Day 1 of the MAG or MSG.
10. Event Organizers may charge a nominal fee to cover cost of including TP or TS races, and may also limit the number of races conducted.

11. Teams will be ranked based on finishing times, fastest being 1st place. Awards will include the 1st, 2nd, and 3rd place team finishes, and will be announced/presented at the closing banquet. Team member names, age groups, country(ies), and finishing times will be included in the Final Competition Protocol.
12. It is expected that the Organizer will work in concert with the local IMSSC Member to determine application of these guidelines.

Proposal 4/NED: Part II Regulations, Rule 3.3 Restriction of Participants.

Current text:

If the number of participants in a competition must be restricted, certain decisions will be made to handle selection process. Entries received earlier shall have priority of the participation. If quota are needed for nations as determined by the IMSSC or the hosting country in extraordinary situations, each nation is to follow in principle to these practices, if not regulated in another manner by the respective National IMSSC Member, for example by limit times, best times, etc. and perhaps partially by wild cards (for example for participants disabled or for long standing participants).

Proposal the improve the text as follows:

If the number of participants must be limited, the following rules apply:

1. If quota are applied by the IMSSC for the competition, the organiser of the competition must regulate participation using these quota.
2. Early entries has priority above late entries.
3. For countries that apply selection criteria (for instance for the MAG or MSG), the IMSSC country representative is responsible that the participants of his/her country are selected according these criteria, including a list of substitutes.
4. The organiser of the competition can make exceptions, for instance using a wildcard for participants that were long time injured.

For Masters Allround and Masters Sprint Games participants must comply with the minimum time limits as defined in rule 3.1.7.

Rationale:

Current text is not clear.

Proposal 1/NED: Part II Regulations, Rule 3.4 Confirmation of Participation.

Current text:

A confirmation of participation may be organized as follows if written in the announcement of the competition: If an announced skater is not present at the drawing, he will be removed from the list of participants if he did not confirm participation to the organizer 36 hours to 12 hours before the drawing (arrival of the confirmation at the organizer) by written word (Telefax or Email or Telegram). The address for the confirmation is indicated in the official announcement.

Proposed text:

Confirmation of participation must be defined in the Announcement of every competition. A competitor is obliged to confirm his participation in person at the latest one hour before the first Team Leader Meeting of the competition. If the competitor is not able to confirm in person, he must inform the competition organisation via mail, phone or WhatsApp at the latest 12 hours before the drawing of the competition.

Rationale:

The current text of rule 3.4 is not clear.

Proposal 2/NED: Part II Regulations, Announcement template related to Rule 3.4 Confirmation of Participation.

Proposal to add Rule 3.4 (confirmation of participation) to every announcement as follows.

Proposed text:

Confirmation of participation

A competitor is obliged to confirm his participation in person at the latest one hour before first the Team Leader Meeting of the competition. If the competitor is not able to confirm in person, he/she must inform the competition organisation via mail, phone or WhatsApp at the latest 12 hours before the drawing.

Proposal 3/NED: Part II Regulations, Rule 3.5 Drawing and Ranking.

Current text:

Drawing at International Masters' Speed Skating Competitions must be done according to ISU Rule 244 for Drawing at International Competitions. Each of the 5 Year Age Groups is considered a separate competition in this respect.

For drawing of Masters' International Allround Competitions, including Masters' International Allround Games, the ISU Rule 244 paragraphs 3, 4 and 5 apply, as well as ISU Rule 240 paragraphs 3 and 4.

Drawing at Masters' International Sprint Competitions, including Masters' International Sprint Games, must be done according to ISU Rule 242, paragraphs 2 and 3, with the exception that all competitors will be admitted in the last distance. If there are more than 100 participants at Masters' International Sprint Competitions/Sprint Games, the participants shall be divided into two or more blocks of 5 year age groups. The first block completes their two distances before the next block, and so on. This will reduce the waiting time between the two distances.

Generally the age groups are drawn separately. If the number of competitors is very small in one or several of the five year age groups, neighbored 5 year age groups may be joined for drawing and speedskating. But the allotting of track on the third distance is decided by the ranking after two distances for each 5 year age group, and not by the ranking in the joined, neighbored groups. The final distance drawing and classification must be done in her/his own age group independent of the number of participants in that age group.

To be able to recognize the intermediate standings within the original 5 year age groups even when they are joined, the name of the competitors should be accompanied by their age group in all start lists and results, for instance: «Otto Meier 55».

Proposal to change the text of the third paragraph as follows:

Drawing at Masters' International Sprint Competitions, including Masters' International Sprint Games, must be done according to ISU Rule 242, paragraphs 2 and 3, with two exceptions:

1. Drawing of the third and fourth distance will be done based on the overall ranking (independent of age group) on the first respectively the second distance.
2. All competitors will be admitted to the last distance.

If there are more than 100 participants at Masters' International Sprint Competitions /Sprint Games, the participants shall be divided into two or more blocks of 5 year age groups. The first block completes their two distances before the next block, and so on. This will reduce the waiting time between the two distances.

The text of the fourth paragraph must be skipped (text starting with "Generally the age groups . . .").

Rationale:

This way of drawing gives for all competitors the best challenge in the competition. This way of drawing of third and fourth distance was successfully done at MSG2018 in Moscow and was introduced by Alexander Kibalko (Chairman of the Technical Committee of the ISU).

Proposal 3/JAP: Part II Regulations, Rule 3.5 Drawing and Ranking.

The way of pairing in Moscow (MSPG). All loves to skate against the similar time ranking throughout 4 distances. It can be acceptable for future games.

Proposal 1/ITA: Part II Regulations, Rule 3.5 Drawing and Ranking (Ref.: ISU Rule n.240 par.3).

The reference to Paragraph 3 of ISU Rule no. 240 has to be deleted.

Reason:

According to our Rule no. 3.7, "Participants in the Last Distance", all competitors are allowed to participate in the 4th distance.

Proposed text:

For drawing of Masters' International Allround Competitions, including Masters' International Allround Games, ISU Rule 244, Paragraphs 3, 4 and 5 apply, as well as ISU Rule 240, Paragraphs ~~3 and~~ 4.

Proposal 7/NED: Part II Regulations, Rule 4.3 Applications.

Current text:

IMSSC Records (International Masters' Records) are recognized only for times and points reached in International Masters' Competitions approved by the IMSSC at the preceding Session in May or June, which fulfil the requirements of the IMSSC Rules and ISU Rules, and for National Masters Championships, which fulfil also the requirements of the IMSSC Rules and ISU Rules.

Proposal to change the first sentence in Rule 4.3 as follows:

IMSSC Records (International Masters' Records) are recognized only for times and points reached in International Masters' Competitions approved by the IMSSC. This approval must be done at the preceding Session in May or June or by the Board if the competition was not yet known in the Session. All competitions must comply with the Rules and regulations of the IMSSC and ISU Rules.

Proposal 8/NED: Part II Regulations, Rule 4.4.8 Provisions.

Current text:

If the existing IMSSC Record is broken more than once on the same day in competitions at the same venue, only the best time obtained shall be recognized as a new IMSSC Record. However, when the final classification for the 500 meters is decided based on the total time in two races, each 500 meters race is to be considered as a separate competition (see ISU Rule 221 § 2 h).

Proposal:

Last sentence can be omitted due to the fact that there is no international single distance 500 competition over two days anymore.

Proposal 11/NED: Part II Regulations, Rule 3.9 – Recommendation for Overtaking.

Proposal:

The Netherlands proposes to replace rule 3.9 for a supplement (4.d) to ISU rule 256 (see underlined section).

ISU Rule 256

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3. Crossing the lines of the designated competition lane

If a Competitor skates outside the designated competition lane, thus completely crossing the line to the other lane or to the warm-up lane with the full skate, the Competitor may be disqualified, even without offending another Competitor. If there are confirmed observations of more than one such offence during the race, the Competitor will be disqualified, except for situations described in paragraph 4 below.

4. Exceptional situations

The following situations will not lead to a disqualification in accordance with paragraph 3 above:

- a) If a Competitor does not keep within the inner lane in the curve or when exiting the curve towards the finishing straight and therefore crosses the line to the outer lane, the Competitor will not be disqualified if returning immediately to the inner lane. When exiting the curve, the return to the inner lane must in any case have taken place before the first of the lines defining the 1000m finish on a standard 400m track.
- b) If a Competitor leaves the designated competition lane due to a fall or other accidental reason, the Competitor will not be disqualified if returning directly to the designated lane. See also Rule 260, paragraph 3.
- c) If a Competitor has overtaken another Competitor skating in the same lane, and during the overtaking crossed the outer demarcation line of the lane in order to avoid interference, the overtaking Skater will not be disqualified. See also Rule 257, paragraph 2.
- d) If a Competitor skates in the outer lane and has overtaken another Competitor, skating in the same lane and during the overtaking crossed the inner demarcation line of the lane between the end of the curve towards the finishing straight and the finish line, the overtaking Skater will not be disqualified. See also Rule 257, paragraph 2.

Rationale:

On the basis of current rules, it is almost impossible to get overtaken in the section of the outer lane between the end of the curve towards the finishing straight until entering the curve after the finish line, without being disqualified.

For example Imke Husser was disqualified during the 20th Masters International Sprint Classics in Inzell for overtaking of the outer lane between the end of the curve towards the finishing straight on was 1000m because she had no other choice while the lady in the first pair was skating 23 seconds slower than Imke. This situation is not only a matter for Masters but also for Juniors when quartet starts are used on longer distances.

This proposal has also been submitted to the ISU. If this proposal is not accepted by the ISU, the request for the IMSSC applies.

AGENDA Item 13 – Other proposals

a) Celebration of the 25 years of the IMSSC

Proposal 1/JAP – 25th Anniversary of IMSSC.

Year 2019 is 25th anniversary of IMSSC, established in 1994. We should have special ceremony in either Leeuwarden or Bjugn, or next IMSSC meeting???

b) Advices to Athletes for Anti-Doping

For you information please read the document available in annex written by IMSSC President.

c) Other proposals

Proposal 2/JAP – Add the record set by the oldest skater.

Add the record set by the oldest skater. Iichi Marumo set three categories, the oldest speedskater to finish 500m, 1000m and sprint 4 distances.

Proposal 9/NED – Requirements and Advices to Organizers of International Masters' Competitions – Entry Fee.

Proposal to change the first sentence in “9. Entry Fee” as follows:

The Entry Fee (per competitor) will be decided by the Organizing Committee, with a sealing value of € 125,--.”

Rationale:

As discussed in the 40th IMSSC Session 10 June 2017, see minutes of this session.

Proposal 2/ITA – Requirements and Advices to Organizers of International Masters’ Competitions – Free Ice Training and other minor modifications.---

An addition is necessary, i.e., Chapter 15, “Free Ice Training”, as follows:

15. Free Ice Training

The speed skating track should be open for free training to all registered competitors, for three days prior to competition, for at least 6 hours each day.

Reason: Organizers must be alerted regarding this offering to competitors. Accordingly, the numbers of the following sections are to be modified.

Moreover Sections no. 15 and 16 must be modified and/or deleted as follows:

16. ~~15.~~ Joined Age Groups

Second Paragraph:

If the time schedule requires a restriction of participants in the last distance of the Allround competition, joined five year age groups have to be separated before the calculation of participants. The restriction has to be done for every five year age group separately. Afterwards five year age groups can again be joined for the last distance as described above.

~~16. Restriction Longest Distance~~

Please observe that there are IMSSC Rules for the restriction of participants in the longest distance at Allround Competitions.

Reason: According to Rule no. 3.7, “Participants in the Last Distance” of IMSSC Constitution and Regulations, all competitors are allowed to participate in the 4th distance.

Proposal 10/NED – Requirements and Advices to Organizers of International Masters Competitions – Diploma, Medal, Cup, Protocol, Souvenir.---

Proposal to change the chapter text of item 17 into:

17. Diploma, Medal, Cup, Protocol, Souvenir (Masters Allround and Sprint Games)

Rationale:

The content of this chapter is not applicable for every international masters competition, only for MAG and MSG.

To : IMSSC Board
Members anti-doping team (Hubert
Kreutz, Andrew Love, Marcello Bresin,
Brett Arnason)
Copy : Leen van den Heuvel (NED)
From : Tjeerd Smies

Soerendonk, 17 April 2018

Subject: Anti-doping information to be incorporated into the IMSSC Constitutions & Regulations and to be published on the website and Facebook page of the IMSSC

dear Brett, Kenji, Paolo, Bram, Hubert, Andrew, Marcello and Brett

A number of years ago we had some discussions about anti-doping in masters speedskating. The discussions focused on initiation/executing of doping controls by the IMSSC itself and reserve money on the IMSSC Balans to finance these doping controls. We discovered together that the cost of doping controls are very high and can not be born by the IMSSC.

Some days ago I discussed anti-doping with Leen van den Heuvel (Sport expert and Technical Rep for the Dutch Masters) based on a discussion with Bram de Vries at MAG 2018 in Baselga about medicines that a number of masters are using (as an example medicines for cardiac arrhythmia).

The approach for anti-doping Leen van den Heuvel is proposing, is based on the starting point that the IMSSC by itself will not carry out doping controls. But due to the fact that nearly all IMSSC masters speedskating competitions are listed on the ISU list of competitions, there is a reasonable chance that the ISU or a national skating federation of a country where MAG or MSG is held, will perform/execute doping controls.

So Leen van den Heuvel and I propose to inform all master speedskaters that the IMSSC must comply with the anti-doping procedures of the ISU (ISU Communication 1970 anti-doping procedures).

I propose to make a document 'Advices to Athletes of International Masters' Competitions for Anti-Doping' and publish a news item on the IMSSC website and on the Facebook-page about anti-doping.

It is important that all masters are aware of and prepared for doping control on any international masters speedskating event. All masters taking medicines must check against the WADA 2016-09-29 prohibited list 2017. Every master taking medicines that are published on this list, must have a filled in and signed "Therapeutic Use Exemptions, Application Form" as defined in the ISU anti-Doping Procedures (appendix E). It is the responsibility of every master to be prepared for doping control in any international masters competition and naturally also in national (masters) competitions.

To my idea it is also required that we add, what is stated above, in the IMSSC Constitutions & Regulations, exact wordings to be defined later.

Please be so kind to think about this approach of anti-doping and let me know your ideas, comments and additions.

Kind regards,

A handwritten signature in blue ink, appearing to read 'Tjeerd Smies', with a horizontal line underneath.

Tjeerd Smies

IMSSC, anti-doping, background information

Introduction

Enclosed information about anti-doping that Leen van den Heuvel (NED) has gathered. On the first page you will find information from the ISU, IMGGA and WADA. On the second page information available of Dutch sport organisations on several websites in the Netherlands.

ISU

ISU Anti-Doping procedures to the ISU Anti-Doping Rules compiled in accordance with The World Anti-Doping Code 2015 (ISU Communication 2117)

<https://isu.org/inside-speed-skating/speed-skating-rules/communications/14604-isu-communication-2117/file>

IMGGA

<https://www.imga.ch/en/events/#doping>

The IMGGA has adopted an anti-doping policy in line with the WADA (World Anti-Doping Agency) code, which means that testing will be conducted during the games.

Please follow this link to read about the [WADA Code](#)

Please follow this link to access the [WADA prohibited list for 2018](#)

International Masters Games Association (IMGGA) ANTI-DOPING RULES

<https://www.imga.ch/assets/IMGGA-Anti-Doping-Rules-2015.pdf>

<https://www.imga.ch/assets/IMGGA-Constitution.pdf>

WADA

The sport organizations within the following categories have accepted the code:

Olympic Movement

National Anti-Doping Organizations (NADOs)

Outside the Olympic Movement

<https://www.wada-ama.org/en/code-signatories#GovernmentFundedOrganizations>

https://www.wada-ama.org/sites/default/files/prohibited_list_2018_en.pdf



KNSB

Anti-doping information for athletes and coaches/trainers

<https://knsb.nl/over-de-knsb/reglementen/doping/>

<https://knsb.nl/wp-content/uploads/sites/98/2016/06/DEF-Nationaal-Dopingreglement-2016.pdf>

MCLN/Schaatscircuit.nl

Doping controle

Een leven lang dopingvrij sporten

Life-long doping-free sport

<https://www.schaatscircuit.nl/masters/nk/>

Atletiekunie.nl

Athletics for Masters

<https://www.atletiek.nl/voor-atleten/masters/deelname-aan-internationale-toernooien>

NOC*NSF

<https://www.nocnsf.nl/levenlangsporten>

Doping Autoriteit (NL)

General information

<https://www.dopingautoriteit.nl/home>

Dispensation request for the use of medicines

<https://www.dopingautoriteit.nl/juridisch/dispensatiebijlage>

Dispensation explanation

<https://gds.dopingautoriteit.nl/uitleg>

Online dispensation form

<https://gds.dopingautoriteit.nl/uitleg>

